

Fibroblast Healing Pack Instructions

Please read this completely before using your Fibroblast Healing Pack.



Your kit contains: Just Say Ahh (*a gentle cleanser*), NeoGenesis Recovery (*speeds healing of scabs*), Glow Younger TriLight LED (*stimulates ATP*), (Unless you bought it without Red LED) and Aquaphor (protects against infection but allows your skin to breathe).

CAUTION: Do NOT pick at the scabs or pull them off. Allow them to fall off naturally. Pulling or picking SCABS may cause you to scar.

Just Say Ahh cleanser is a botanical formula that is very gentle. **Wait 24 hours after treatment to wash. Wash morning and evening.**

With this product you only need a tiny dot (size of dime). Using too much will have a drying effect. Apply a tiny dot to your wet hands, rub hands together and then apply to a damp face in GENTLE circular movements. Rinse with lukewarm water (NEVER HOT). Gently pat dry (do NOT rub) with clean towel or clean washcloth.

NeoGenesis Recovery is applied (again a tiny bit goes a long way) 4 - 6 drops total for entire face in a thin layer. Apply very gently so you don't force scabs off. **Apply to clean dry skin morning and night.** Allow to dry, about 30 seconds is all it should take. NeoGenesis Recovery is specially formulated to treat injured skin and aid in the healing process.

Aquaphor is #1 dermatologist recommended ointment, formulated with 41% petrolatum to allow oxygen to flow and help heal the skin, protects with panthenol and glycerin to moisturize, nourish and protect the skin to enhance healing, preservative and fragrance free. The kit includes just enough to get through the first week after treatment. **Apply after Recovery.** Use a tiny bit by smoothing over treated area, after you apply Recovery.

Glow Younger TriLight LED is LED light therapy at its best. Red light therapy has been used by NASA to promote faster cell growth to aid in wound healing. It is also used to combat the effects of chemotherapy in cancer patients. Using the same principle and the red light is used to stimulate collagen production that is essential in keeping younger and firmer skin.

You will begin Red LED light therapy each evening beginning 24 hours after treatment, and then nightly until scabs fall off (do NOT pick them off). Scabs usually start falling off about 3 – 5 days following the treatment. Continue Red LED *every other night* until the redness goes away. Use Red LED on clean, dry skin.

NOTE: After scabs fall off and it is tolerable, please use Sunscreen when outdoors or driving.

Got Questions? Send email to support@christinebyer.com and we'll respond promptly during business hours.